

**Z-Trek / Z-Trail
Men's 13 (page 1)**

Foot length - up to
300mm / 11 3/4 inches

NOTE: the Z-Trek (outside line) is a BIT longer than the Z-Trail (inside line)

- 1.** Print this page and the next at ACTUAL SIZE (100% scale).

Compare the scale markers on this page and the next with a ruler.

If the scale isn't correct, your Xero Shoes will not fit correctly, so adjust accordingly.

- 2.** Fold the next page on the indicated line, and tape it to the bottom of this page, where indicated.

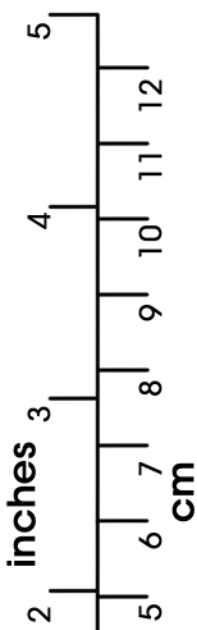
- 3.** Position your bare foot on this page inside the outline.

If your foot extends past the border, try a larger size.

If there is more than 1/4" (6mm) of space past your heel and the front of your toes, try a smaller size.

For more information about measuring and sizing, visit:

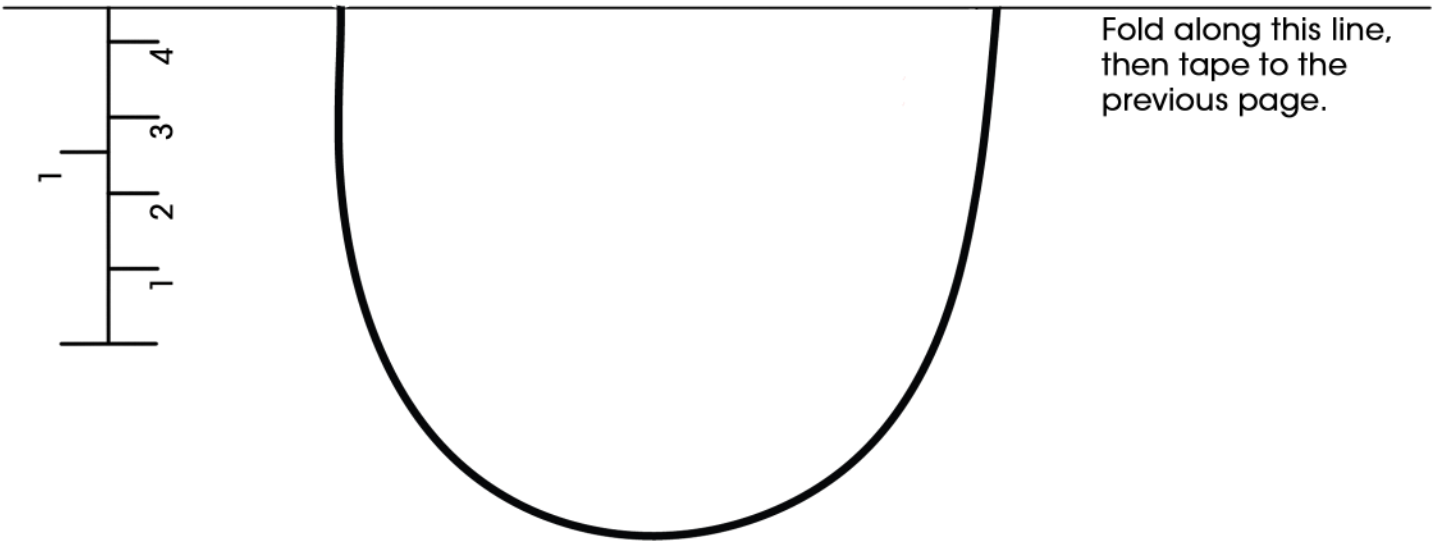
www.XeroShoes.com/xerofit



Tape the bottom section
(next page) here

**Z-Trek / Z-Trail
Men's 13 (page 2)**

Foot length - up to 300mm / 11 3/4 inches



Remember, you can trim the toe area of your Z-Trek to match your foot shape.

Questions? Need help?

Call 303.447.3100