

Z-Trek  
Z-Trail

NOTE: the Z-Trek (outside line) is a BIT longer than the Z-Trail (inside line)

**Z-Trek / Z-Trail  
Men's 12**  
Foot length - up to  
290 mm / 11 1/2 inches

1. Print this page at ACTUAL SIZE (100% scale).

Compare the scale marker on this page with a ruler.

If the scale isn't correct, your Xero Shoes will not fit correctly, so adjust accordingly.

2. Position your bare foot on this page inside the outline.

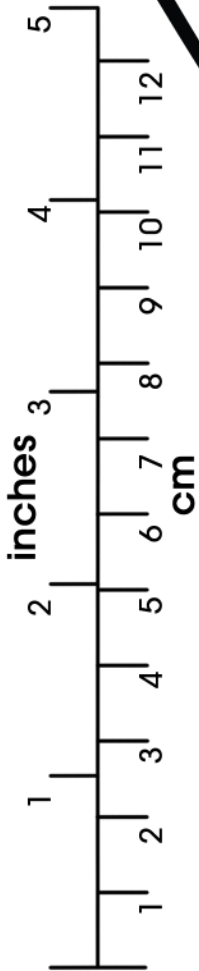
If your foot extends past the border, try a larger size.

If there is more than 1/4" (6mm) of space past your heel and the front of your toes, try a smaller size.

If this is much too wide, try a "women's" size.

For more information about measuring and sizing, visit:

[www.XeroShoes.com/xerofit](http://www.XeroShoes.com/xerofit)



Remember, you can trim the toe area of your Z-Trek to match your foot shape.

Questions? Need help?

Call 303.447.3100